

Watchung Hills Regional Municipal Alliance (MAC)
AGENDA for February 12, 2020

I. Call to Order

In compliance with the Open Public Meetings Act of New Jersey, adequate notice of this meeting was published in the Echoes Sentinel on December 19, 2019, on the Bulletin Board in the Municipal Buildings and filing with the Township Clerk of each town represented here.

II. Introductions

III. Approval of the December 11, 2019 meeting minutes

IV. Somerset Cty MAC Update-Qtrly MAC Meeting on March 26, 2020 at 6p in Somerville. RSVP to Alicia asap
Morris County MAC Update-Qtrly MAC Meeting on March 2, 2020 at 5p in Morris Plains. RSVP to Alicia asap
WHRMA Coordinator Update – 2nd Qtr Report for Somerset Cty was submitted and approved.

V. New Business & Program Introduction

VI. Program Reports

- High School Student Updates
 - TAG/Challenge Day Club
- Project Graduation



VII. Programs

Program ideas for 2019-20 grant year – To be planned

- Mental Health First Aid – Coordinating w/PTO
- D.A.R.E. – Warren, Watchung & Long Hill – No request for funding to date. Green Brook materials have been ordered.
- Vaping Presentation – Resources sent to WHRHS – Kathy will follow up
 - Warren Middle School will be hosting a presentation – Date TBD
- Blueprint Mental Health – Let’s Talk for parents/students – Alicia/Cindy/Kevin will work on this – A date is needed for: Showing of Angst or Vaping presentation or Showing of Fentanyl Factor at the HS.
- Narratives for Courage –Held at Valley View School in Watchung each year. Kim will get more information, so we can assist and possibly host at other schools. Dr. Alexis stated in an email that the key coordinators are no longer at the school, but they hope to have it late in the spring. They will contact the Alliance late winter/early spring. We will also continue to look at “Speakers for Change” and “Anonymous People” as options for programs at other schools.
- Community viewing of Screenagers – Alicia is waiting to hear back from Nick at Stonecrest Church

Programs for 2019-20 grant year - to be voted on

- Food for Mood Healthy Teens program w/Cynthia Salemy; all 11th graders in April - \$2000
 - Originally approved for \$1000/one 60 min. session/group updated to \$2000 for two 60 min sessions/group

Planned programs for 2019-20 grant year

- Consent 101 - Date TBD – All Seniors
- Chris Herren DVD presentation & curriculum – all year in all health classes.
- Screenagers for Warren MS - \$650; \$950 includes The Next Chapter which could be shown 2020-21. Student viewings at other schools is \$250/screening/movie. Green Brook & Watchung have opted out.

Program ideas for 2019-20 grant year – To be discussed at a later date

- Training or Presentations during Municipal Alliance meetings
 - Cultural Competency (Alicia) will be planned for an upcoming meeting
 - The Society for the Prevention of Teen Suicide (Jack Walsh)
 - Narcan training through Rutgers

VIII. Adjournment

The mission of the Watchung Hills Municipal Alliance is to identify and address the social and health needs of our community by empowering communities to combat substance abuse and its related problems at home, schools and work with proven, practical resources, prevention and education. We strive to empower communities to implement programs and activities that foster positive communication, strong families, and substance abuse free lives.